



Joint BASHH & FSRH Conference 2025 Past, Present and Future

Welcome to the 20th Annual Joint BASHH and FSRH Conference

It is a remarkable milestone to celebrate 20 years of collaboration between Genitourinary Medicine (GUM) and Sexual and Reproductive Healthcare (SRH) specialists. Over the past two decades, we have worked together to address evolving challenges, share expertise, and enhance patient care. This year's conference embraces our theme: **Past, Present, and Future**, bringing together our shared history, our current challenges, and our aspirations for the future of integrated care.

Today, the focus on sexual and reproductive health care has never been more critical. With increasing rates of sexually transmitted infections, the need to deliver effective contraceptive care to a diverse population, and rising pressures on NHS services and budgets, we are faced with the challenge of ensuring accessible, individualised, and inclusive care for all.

Our shared expertise in managing complex cases in everyday practice highlights the importance of collaboration. Together, we can explore innovative solutions and enhance integration across our services. This conference provides a unique opportunity to reflect on where we have come from, examine where we are now, and collectively shape the future of sexual and reproductive health care.

Delegates can use this 20th conference as a platform to collaborate, innovate, and strengthen our commitment to delivering exceptional care.

Date: Wednesday 26th March 2025

Time: 09:00 – 16:30

Venue: Delivered via Zoom

Registration: Doctors, nurses, midwives, pharmacists, physician associates and other healthcare professionals with an interest in SRH working in the UK and internationally

Learning outcomes:

- Understand the importance of integration between GUM and SRH specialists to deliver effective, patient-centred care.
- Explore approaches to managing complex sexual and reproductive healthcare cases in diverse patient populations.
- Gain insights into the latest trends and evidence regarding increasing rates of sexually transmitted infections and their impact on care delivery
- Reflect on 20 years of collaboration and discuss strategies for shaping the future of sexual and reproductive healthcare.

Time	Title	Speaker
09:00	<p>Welcome and introduction: Stronger together: 20 years of collaboration of SRH and GUM – Shared Expertise</p> <p>Dr Janet Barter, FSRH President</p> <p>Dr Matthew Phillips, President, British Association for Sexual Health and HIV(BASHH)</p>	
09:15	<p>Introducing BASHH New CEO</p> <p>BASHH Clinical Quality: What’s new for BASHH updates</p> <p>Doxycycline post-exposure prophylaxis</p>	<p>Kat Smithson BASHH, CEO</p> <p>Dr John Saunders Consultant in Genitourinary Medicine and Honorary Associate Professor at University College London (UCL)</p>
09:45	FSRH Clinical Effectiveness Unit update - What's new and What's next?	FSRH CEU
10:15	Q&A with all the speakers	BASHH & FSRH CEU
10:40	Refreshment break	
11:00	Sexual Health stream: Chaired by Dr Chris Ward	
11:00	PrEP in Women	Dr Elizabeth Okecha Consultant in GUM & HIV/BASHH HIV & BBV SIG Chair and Co-Chair of the BASHH PrEP working group
11:40	Questions and answers	

11:50	A Delicate Balance: Managing PID Amid Disease, Diagnostic Challenges, and Complex Presentations	Elizabeth Parkes , Integrated Sexual Health Nurse Specialist, The Northern Sexual Health Service
12:00	Right Time, Right Place; Opportunistic Pre-Conception Counselling for the Woman with Medical Complexity	Dr Victoria Lashmar , Specialty Registry (ST4) in Genitourinary Medicine and General Internal Medicine at Archway Sexual Health Centre, Central and North West London
12:10	Questions and answers	
12:25	Lunch break	
13:15	Reproductive Healthcare stream: Chaired by Dr Kate Campbell	
13:15	Deep dive into emergency contraception and complex cases	Dr Zara Haider FSRH VP Workforce and Membership. Consultant in Sexual and Reproductive Healthcare, Kingston and Richmond NHS Foundation Trust
13:35	Early pregnancy care: Innovations, challenges and the path forward	Dr Natalie Woodhead MBChB MD MRCOG Consultant Obstetrician and Gynaecologist, Lead for Gynaecology Assessment Unit, Birmingham Women's Hospital
13:55	Q&A with all the speakers	

14:05	Case report 1: Managing menstrual health in transgender and non-binary people	Dr Luke Parkes Specialty Doctor in Dysphoria and Sexual Health. TransPlus, Chelsea and Westminster Hospital NHS Foundation Trust
14:15	Case report 2: Emergency Contraception and HIV Antiretroviral Therapy	Dr Sian Pearson Specialty Registrar in Community Sexual and Reproductive Health Rotherham Sexual Health Services / Obstetrics and Gynaecology
14:25	Questions and answers	
14:40	Refreshment break	
14:55	FSRH and BASHH Chaired by Dr Chris Ward and Dr Kate Campbell	
14:55	STI's in pregnancy	Karen Brown, Specialist Health Adviser, UH Sussex in SHAC (Sexual Health and Contraception) and HIV in Brighton
15:15	Inclusive Reproductive Care: Supporting Pregnancy in Trans and Non-binary people	Dr Kate Nambiar Endocrinology Specialist – Welsh Gender Service Specialty Doctor Sexual Health
15:35	Q&A with all the speakers	

15:55	<p>Ask the experts: Live questions and answers – Chaired by Dr Chris Ward & Dr Kate Campbell</p> <p>BASHH - Dr Emily Boardman, Consultant in Genitourinary Medicine at Blackpool Teaching Hospitals NHS Foundation Trust</p> <p>FSRH – Dr Kathryn M Clement, Consultant in Sexual and Reproductive Healthcare, Newcastle Sexual Health Services</p>	
16:30	<p style="text-align: center;">Closing remarks and conference close by</p> <p>Dr Chris Ward, Consultant Physician Genitourinary Medicine, BASHH Communications & Conference Secretary</p> <p>Dr Kate Campbell, CSRH Consultant</p>	