

Online PrEP Assessment Tool: safe use of PrEP in existing users

Greg Owen

Co-founder iwantPrEPnow

THT Activist Co-ordinator

Background

Access

- Variable access and commissioning arrangements for PrEP in the UK
- Estimated 15,000 + self-sourcing currently
 - Formulated via PrEP user surveys and sales data

Awareness, uptake and monitoring

- We have no way of knowing if self-sourcing PrEP users are self-managing well
- We do know they are predominantly older white MSM

Objectives

iwantPrEPnow and Terrence Higgins Trust designed an online tool:

- That offered information, advice and support
- To facilitate both access to and safe usage of PrEP
- Specifically targeted at underserved communities

Digital tool helped people decide:

- If PrEP is right for them
- If they're using generics safely
- How to stop or take a break from PrEP

We actively targeted other most at risk populations

- Black African communities
- Trans people
- Heterosexual people at parity of risk to MSM

iwantprepnow.co.uk

Our PrEP tool is here to answer your PrEP-related questions.

Help us evaluate this quiz by answering a few demographic questions. These are confidential and anonymous.

I am...*

I have sex with... men women
(please non-binary people
choose all that apply)

My ethnic group is...

My age is...

We can help you with the following questions.

Choose a quiz:* Is PrEP right for me?
 I'm already taking PrEP. How do I make sure I'm taking it correctly?
 I want to stop taking PrEP or have already stopped taking it. What do I need to know and how do I do it safely?

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Am I taking PrEP correctly?

Answer the questions below to find out.

Where you get your PrEP

I get my PrEP: *
select all that apply

- online
- from NHS/trial
- from an individual (eg, a friend, someone re-selling)
- from a private prescription
- buy it while abroad

The type of PrEP you're taking

My PrEP drug contains: *
(you'll find this information on the label)

- both tenofovir TDF and emtricitabine FTC
- only tenofovir TDF

Your health

Before I started taking PrEP I: *

- took an HIV test at a clinic
- did a self test for HIV
- did not test for HIV

Before I started taking PrEP: *

- my kidney function was checked by a doctor

Demographics	Gender	Total traffic (n = 10,421)	Taking PrEP (n = 983)
Gender	Male	9465 (91%)	959 (98%)
	Female	631 (6%)	11 (1%)
	Trans men	101 (<1%)	5 (<1%)
	Non-binary	145 (1.%)	4 (<1%)
	Trans women	57 (<1%)	3 (<1%)
	Other	22 (<1%)	1 (<1%)

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	Age	<15	5 (<1%)
15 - 24		2585 (25%)	113 (11%)
25 - 34		3495 (34%)	356 (36%)
35 - 44		2196 (21%)	282 (29%)
45 - 54		1318 (13%)	176 (18%)
55 - 64		498 (5%)	51 (5%)
65+		117 (1%)	5 (<1%)

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Demographics	Sexuality	Total traffic (n = 10,421)	Taking PrEP (n = 983)
Sexuality	MSW (including trans MSW)	358 (3%)	17 (2%)
*can't categorise NBP and other gender	MSM (including trans MSM)	9165 (88%)	944 (96%)
	WSM (including trans WSM)	586 (6%)	13 (1%)
	WSW (including trans WSW)	84 (<1%)	1 (<1%)

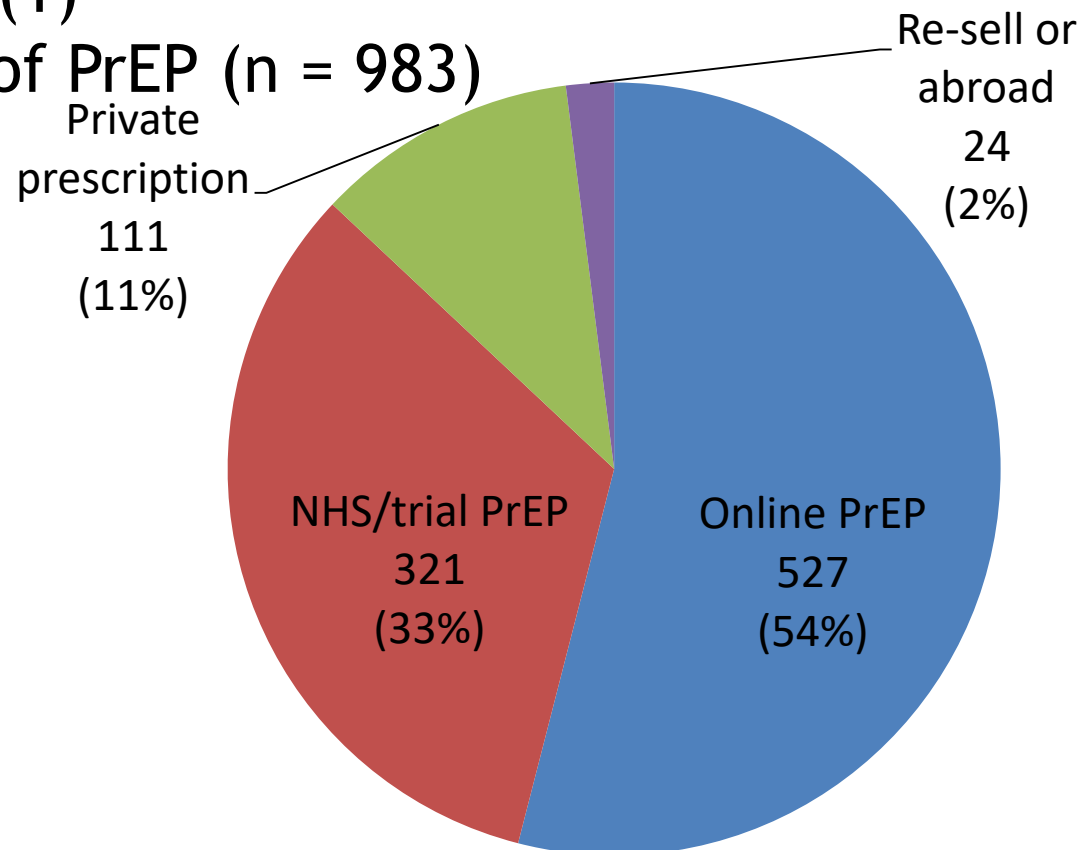
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Ethnicity	White British	7082 (68%)	557 (57%)
	Other White	1272 (12%)	168 (17%)
	White Irish	460 (4%)	41 (4%)
	Black African	302 (3%)	27 (3%)
	Indian	185 (2%)	25 (3%)
	Other mixed	180 (2%)	12 (1%)
	Other Asian	151 (1%)	26 (3%)
	Latin American	138 (1%)	23 (2%)
	Other	651 (6%)	104 (11%)

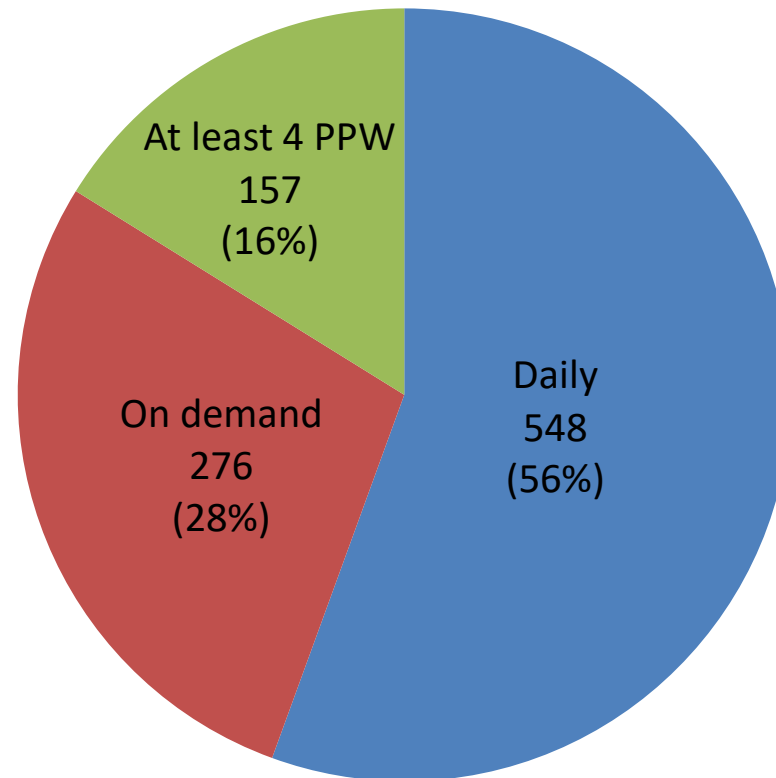
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Results (1)

Source of PrEP (n = 983)



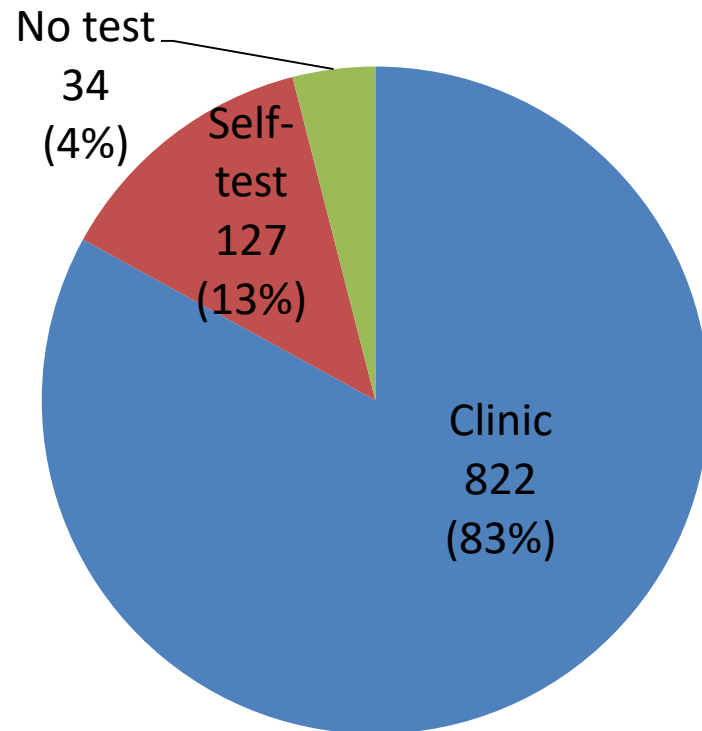
Results (2)
Dosing (n = 983)



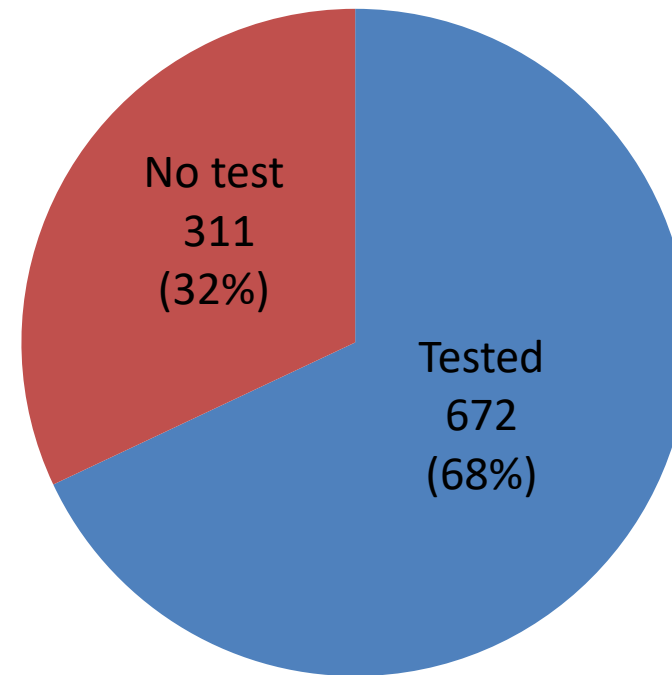
Results (3)

Baseline tests (n = 983)

HIV

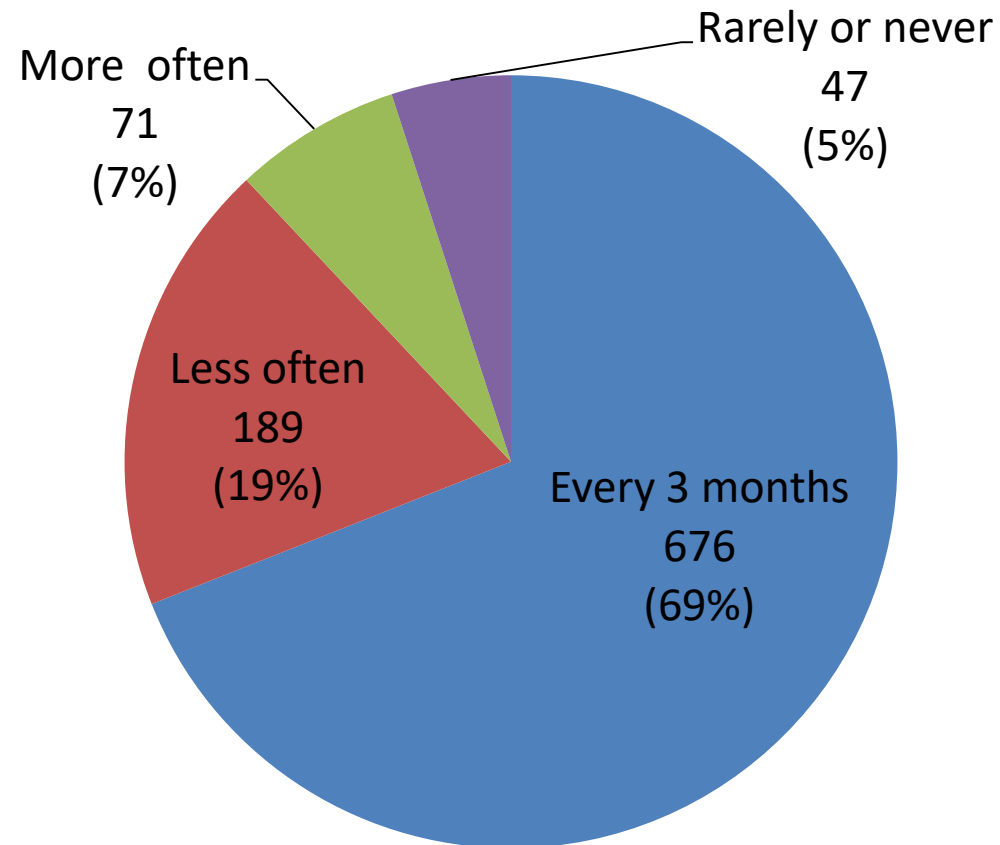


Renal



Results (4)

Monitoring HIV and STIs* (n = 983) *based on recommended quarterly screening



Conclusions

- We designed a tool which reached the desired audience
 - Which gave a tailored intervention
- Online ordering demonstrates a huge unmet need for PrEP
- Most people are self-managing well
 - Small but significant proportion not testing at baseline or subsequently as recommended
- Clear need to link people to more information and clinical care
- Service delivery needs to be versatile with sufficient capacity
- We need a range of service delivery models
 - Which are acceptable and accessible to the broadest cross-section of people

Acknowledgements

- Dr Jake Bayley
- Dr Michael Brady
- Terrence Higgins Trust Digital
- PrEPster.info
- Public Health England Innovation Fund